

INSTRUCTOR'S LESSON PLAN

Snowmobile Safety – Driving Positions

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SUBJECT Snowmobile Safety	INSTRUCTOR
TITLE OF LESSON Snowmobile Operation - Driving Positions	DATE OF INSTRUCTION
TIME PERIOD (TOTAL) 20 minutes	PLACE
TRAINING AIDS 1. Snowmobile	TYPE OF LESSON <input checked="" type="checkbox"/> E.D.O.C. <input type="checkbox"/> LECTURE <input type="checkbox"/> DISCUSSION <input type="checkbox"/> PRACTICAL
OBJECTIVE(S) ✓ Show students the 4 types of driving positions and under what conditions they can be used.	
INSTRUCTOR REFERENCE Student Manual	
STUDENT REFERENCE Student Manual	

TIME	LESSON OUTLINE	AID CUES
0:00 ↓	<p><u>E-EDUCATE</u></p> <p><u>Background:</u></p> <p>The type of position you choose to operate your snowmobile will be determined by the terrain and conditions you are operating under.</p> <p><u>Tell them what they need to know:</u></p> <ul style="list-style-type: none"> ➤ The sitting position is the most common driving position, and is also the safest in most cases. Keep your feet flat and continually on the running boards to act as a spring to cushion the bumps. You are able to shift your weight easily as you are sitting low on the machine. ➤ The kneeling position is not designed for higher speeds and is a little harder to balance as you are higher up. It does allow you to lean into a hill or steep grades, and does offer a little better visibility at intersections. ➤ The standing position should only be used when 	

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TIME	LESSON OUTLINE	AID CUES
<p style="text-align: center;">↓</p> <p style="text-align: center;">5:00</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">7:00</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">20:00</p>	<p>you want to see better. It should only be used at low speeds, such as crossing a road. Remember to flex your knees.</p> <ul style="list-style-type: none"> ➤ The posting position is a semi-sitting position with your body off the seat in a squatting posture. This position can be used when you are traveling over uneven terrain. <p><u>D-DEMONSTRATE</u></p> <p>Demonstrate the different types of driving positions telling the students what each one is and showing them the proper positioning of the body and legs.</p> <p><u>O-OBSERVE</u></p> <p>Observe each student as they demonstrate and tell you what each driving position is. Correct them only as necessary.</p> <p><u>C-CONGRATULATE</u></p> <p>Give positive feedback to each student as they successfully show you all four driving positions.</p>	<p>Snowmobile in classroom or outside in parking lot. Machine should be off trailer to avoid falls.</p>