Welcome to OutWiGo Green! Below is a list of exhibitors and sessions. Check the schedule to see when activities are offered.

An information table is available at Shelter B at the Ottawa Lake Recreation Area.

### Ottawa Lake Recreation Area

**1000Milers And WannaBes | Ice Age Trail Alliance** A panel of Ice Age Trail thru-hikers shares their long-distance hiking stories and tips. Bring your questions! Panel includes Arlette "Apple Pie" Laan, the first woman to complete all 11 National Scenic Trails. In 2022, she completed this feat at the eastern terminus of the IAT at Potawatomi State Park. At the Amphitheater.

Accessible Cabin Open House At Ottawa Lake Campground Tour the Ottawa Lake accessible cabin and learn more about accessible camping in the Wisconsin State Park System.

Amazing Insects: Learning And Looking For Bugs | Insect Ambassadors Learn how to collect bugs at Ottawa Lake and get your citizen scientist on. We supply a limited number of nets and jars. Any age will have fun (including adults!), but we recommend children under 5 be accompanied by an adult. In the Kid Zone.

**Archery For All | MacKenzie Center** This archery day is for anyone and will introduce you to the sport of archery or help sharpen your skills. This activity is open to all skill levels. Bows and arrows will be provided so please do not bring any of your own gear. Minors will need to have a guardian present.

Association of Wisconsin Snowmobile Clubs Meet Miss Snowflake! Learn more about this winter sport. In the Field and Garden Area.

**ATV and 4WD rides | <u>WI Off-Highway Motorcycle Association</u>, <u>WI Coalition of 4WDs</u>, and <u>WI ATV</u> <u>Association</u> Learn about some of Wisconsin's wheeled motorized sports and take a ride in an ATV or in a 4WD Jeep. In the Field and Garden Area.** 

**<u>Be A Campground Host</u>** What does it take to be a campground host at Wisconsin State Parks? Come find out about this fun volunteer position and the joys of camping and meeting like-minded outdoor enthusiasts! In the Picnic Area.

**Campsite Demo | DNR Parks** Kick up your camping skills with tips and tricks from our team. Learn best practices for hammock camping, tent camping, and building fires. At the Ottawa Lake Campground.

**Climb On! Rock Climbing Wall | Boulder's Climbing Gym** Everyone over 5 is invited to get a belay up this rock climbing wall. Participants must be able to wear a harness. Activity ends at 3 p.m. In the Kid Zone.

DNR Air Management Program Spin to win on the prize wheel. In the Picnic Area.

**DNR Boating Welcome Center** At the Ottawa Lake Boat Launch.

DNR Green Tier In the Picnic Area.

DNR Office Of Communications In the Picnic Area.

**Fake Grizzly Bear Poop Exam** | <u>Zoological Society of Milwaukee</u> Try your hand at separating (fake) parasites from (fake) bear poop to diagnose our grizzly bear. Shelter C.

**Firemaking With Flint** | <u>Mead Wildlife Area</u> Learn how to start a fire utilizing a flint and steel! At the Ottawa Lake Campground.

**Fishing Clinic | DNR Fisheries Biologist** Learn how to hook the big one or kick back and cast a line at Ottawa Lake. Fishing poles and tackle provided. No license needed! At the Ottawa Lake Boat Launch.

**Falconry: An Extreme Form Of Birdwatching | Master Falconer Jack Pace** Come meet Wisconsin's most visible raptor, the red-tailed hawk, and learn about the ancient art of falconry. In the Field and Garden Area.

Fishing With Bob: Adaptive Casting Clinic | The Arc Dane County At the Ottawa Lake Boat Launch.

**Food Trucks** Enjoy food, beverages, and snacks from Dough Nation Mini Donuts, Hot Box Milwaukee, Just Veggiez, Kona Ice, Mr. P's Grilled Cheese, and Pico's Tacos. In the Picnic Area.

**Friends Of:** <u>Hank Aaron State Trail, Havenwoods State Forest</u>, and <u>Lakeshore State Park</u> Bug lifecycle quiz, bird egg display, mammal fur display, birds display and more from these Milwaukee-area Friends groups! In the Picnic Area.

**Hike It With** <u>**Hike It Baby</u>** of Southeastern Wisconsin Parents and caretakers, find community with your babies on this beginner-level stroll. Meet at the Amphitheater.</u>

Hunter Welcome Center | DNR Conservation Wardens Learn more about hunting in Wisconsin.

<u>Ice Age Trail Alliance</u> Come chat with friends from the Ice Age Trail Alliance to learn more about this National Scenic Trail in Wisconsin, along with tips and info about hiking, camping, backpacking, trails and more. In the Picnic Area.

**Kayaking Clinic | DNR Naturalist** Enjoy Ottawa Lake from a kayak, with tips and lessons from a pro. Sessions ongoing throughout the day. Each session is limited based on available kayaks on a first come, first served basis. Stop by to sign-up for a time slot. An adaptive kayak is available. At the Ottawa Lake Boat Launch.

**Kettle Moraine Natural History Association** Make and take nature-themed crafts and learn more about the state forest where you are today with the Friends group for the Kettle Moraine State Forest – Southern Unit. In the Picnic Area.

**Knot Tying And Crate Stacking: Climbing Skills Intro | Devil's Lake Climbing Guides** Try your hand at tying knots essential for roped rock climbing or try your hand at stacking crates - how high can you go? In the Kid Zone.

**Learn To Geocache |** <u>Wisconsin Geocaching Association</u> You've heard about it, now you get to try it! After an intro to geocaching, learn how to use the app, then go get the "caches" we placed at the Ottawa Lake Recreation Area especially for this event. This is an all-ages activity. In the Kid Zone.

**Learn About Astronomy** | <u>Milwaukee Astronomical Society</u> View the sun safely and learn about a telescope. Learn about how we view the solar system from Ottawa Lake. At the Ottawa Lake Boat Launch.

Let's Discover Wildlife Together! | DNR Wildlife Program & Snapshot Wisconsin A hands-on opportunity engaging the senses to learn about Wisconsin's critters. Explore pelts, furs, animal skulls and more. In the Field and Garden Area.

<u>Milwaukee Riverkeeper</u> Stop by for info on how you can help make Milwaukee's waters more drinkable, fishable, and swimmable!

**Mountain Biking Skills Course** | <u>Wisconsin Interscholastic Cycling League (NICA)</u> Learn some FUNdamentals of mountain biking and ride a beginner skills course. This adventure is for all genders and all ages and best for those 12+ who can ride on two wheels. Bring your own bike or use one of our limited supply of bikes and helmets on a first come, first ride basis. Helmets are required. In the Kid Zone.

The skills course will be set up in an open grassy area using cones and natural features. Sessions run continuously from 10 a.m. to 1 p.m. but are limited to 12 riders at a time and will be about 30 minutes. After completing this session, you can put your skills into practice by joining one of the guided rides at the John Muir Trail System.

Natural Resources Foundation of Wisconsin In the Field and Garden Area.

Nature Craft Corner | DNR Staff, <u>Girl Scouts of Wisconsin Southeast</u>, <u>Master Naturalists</u>, and <u>Bong</u> <u>Naturalist Association</u> Make and take crafts like natural wind chimes and tree "cookies" in Shelter C near the Ottawa Beach!

**Nature Photography |Spencer Jelenik** Join one of these scheduled hikes to walk with a local nature photographer and learn about appropriate camera settings and composition to take amazing wildlife, landscape and nature photos. Stop by his table for more tips and tricks for aspiring wildlife photographers. In the Field and Garden Area.

**Paddling At Ottawa Lake | Paddleboard Specialists** Check out a canoe, kayak, standup paddleboard or paddleboat (and PFDs!) and test your skills at Ottawa Lake. Join us at 11 a.m. and 2 p.m. for a paddleboarding instructional. Adaptive kayak available. At the Ottawa Lake Boat Launch.

**Prairie Plants For Pollinators** | **Natural Heritage Conservation** Learn about pollinators and what you can do to protect their habitat in your own backyard. In the Field and Garden Area.

**Southern Kettles Off Road Riders (SKORR)** SKORR is the club responsible for maintaining and improving the 50 miles of mountain bike and emergency access trails in the Southern Kettle Moraine State Forest. Stop by their tent to learn more about them and how to get involved! In the Kid Zone.

Stationary Birdwatching – Birding For All Abilities | <u>Upham Woods Outdoor Learning Center</u> Meet at the Ottawa Lake Campground accessible cabin to learn about birds with Upham Woods Learning Center staff! Upham Woods will provide birding tools from binoculars to iPads so that you can learn about birds by ear or by sight. There will be camp chairs available for use or bring your own seating if you prefer. There will also be bird bingo cards and prizes for everyone to enjoy!

**Style Your Own Nature Journal And Bandana | DNR Ranger Ken Costa** We'll have all the materials for making your own pocket-sized nature journals. Customize your souvenir bandana! Have fun matching wildlife with this sandwich board identification game. In the Kid Zone.

**The Bluegrass Drifters** Music From the hills and kettles of Waukesha County, The Bluegrass Drifters is a Lake Country area band performing a variety of traditional and contemporary acoustic bluegrass music, plus a little country and blues. Performing at the Amphitheater.

Travel Wisconsin In the Picnic Area.

<u>Wheel & Sprocket</u> Visit the Wheel & Sprocket tent to learn how to fix a flat tire along with other basic bike maintenance tips that will keep you enjoying your ride this summer. Bring your bike along and participate to get hands-on experience! E-bike and other demos will also be available. *Flat/maintenance clinic & demos take place from 10-2 p.m.* In the Field and Garden Area.

<u>Wisconsin Bike Federation</u> Visit the Wisconsin Bike Fed tent to learn about how we are moving bicycling forward in Wisconsin through education, legislation and involvement. Experts will also be on-hand to talk about bikepacking and show you all the essential gear. In the Field and Garden Area.

Bike Fed's **Cycling Without Age Program** brings the amazing feeling of riding a bicycle to those who are not able to pedal on their own. Trishaw rides, lasting approximately 15 minutes, will be offered at 11 a.m., 12 p.m., 1 p.m., 2 p.m. and 3 p.m. Visit the Bike Fed tent to sign up for a ride. Two people (not to exceed 400 lbs.) can ride together. Trishaws are three-wheeled, pedal-powered bikes that are operated by trained Cycling Without Age pilots.

Where Does The Rain Go? | DNR Storm Water Runoff Follow a rain drop through the watershed. In the Picnic Area.

**Wisconsin Frogs** | <u>Milwaukee Recreation</u> Learn about Wisconsin frog species and life cycles, meet a frog, and make your own origami frog to take home. In the Kid Zone.

Wisconsin Public Radio In the Picnic Area.

**Wisconsin State Parks** Learn about the Wisconsin State Park System! Grab a spork and more info about our state parks, forests, trails and recreation areas. Buy merchandise, learn about state park careers and volunteer opportunities, and what the DNR is doing to open the outdoors. In the Picnic Area.

# **Ottawa Field Trial Grounds**

**Introduction To Hunting Dog Training | Wisconsin Wildlife Federation** Retriever, flushing, and pointing dogs go on the hunt. Find out more about hunting dogs and how to train them.

# **Scuppernong Springs Nature Trail**

**Beginning Birding With The Natural Resources Foundation of Wisconsin** Join us for a 1.8-mile loop on the nature trail.

**Birding Hike | DNR Wildlife Biologist** Learn how to spot birds. Participants should be prepared to walk 1.3 miles on a non-universal trail. Please bring binoculars if you have them. Wear dark/neutral colors and hiking shoes if possible. Best suited for those 10+.

Flower Hike | Ice Age Trail Alliance As spring unfolds, we'll see what flowers are ready to greet us as we saunter along the Scuppernong Springs Nature Trail.

**Mobile Birding | DNR Wildlife Biologist and Upham Woods Learning Center** Join us for an all-abilities wandering bird stroll. We will be walking along the Scuppernong Springs Nature Trail for a 0.5-mile out and back trail with a stable limestone and natural surface. Upham Woods will provide birding tools from binoculars (including a wheelchair mount for the binoculars!) to iPads so that you can learn about birds by ear or by sight. This mobile birding will be at a pace to meet the needs of the participants so that everyone feels welcome. Please let staff know if you need breaks, assistance carrying supplies, or anything else.

**Stream Ecology Hike | DNR Water Resources** Dive into the fascinating world of water on a 1-mile, out & back hike.

### Scuppernong Trail Head

**The Early Bird Gets The Worm | DNR Wildlife Biologist** Beat the crowds and take an intermediate level birdwatching hike. Bring binoculars if you have them. We have a limited quantity available. Please be prepared to walk approx. 6 miles over steep terrain. Wear neutral/dark colors if possible. Meet at the red loop trailhead.

Adaptive Hike All abilities and experiences welcomed on this 2-mile hike. Discuss the outdoors and all things adaptive along the way! Meet at the shelter.

**All-terrain Wheelchair Demo |** <u>Access Ability Wisconsin</u> Try out an all-terrain wheelchair or check one out to join a hike.

Badger Trails, Inc.

Driftless Curiosity, Unlimited Boundaries, and Nature's Good Company present:

**Explore Nature's Good Company With Your Senses & Grow Your Awe** Certified Mindful Outdoor Guide, Colleen Robinson, will guide 4 unique nature connections throughout the day. Maximum group size is 10 people and the sliding scale fee is \$5 - \$10. Participants are invited to sit or stand in one position for up to 10 minutes at a time. Bring a sitting cushion for comfort if you'd like.

**10:30 a.m. and 1:30 p.m. - 1 hour Adult Sessions (for 16 and up)** Nurture your personal connection with nature. If you are already a nature lover, or not, nature has an amazing ability to help us heal when we allow for it. Did your last camping trip feel relaxing or more like a major project in planning, packing, set-up, and clean-up? Slow down and enjoy yourself and your surroundings in new ways, as you explore nature with your senses. Learn how to experience awe whenever you wish! Be prepared to stand or sit in nature for many minutes at a time.

12:30 p.m. – 30 Minute Youth Session For All Ages (under 14 with a chaperone) Look at that tiny flower petal! What is that smell? Did you hear the strange sound? Take a walk or sit in nature and focus on what you can notice and how you feel. When you explore safely with your senses, you become part of the natural community. Get to know yourself and the other animals and plants better. Come explore, be amazed and meet your nature neighbors.

**3:30 p.m. - 30 Minute Accessible Session** Nature has a relationship with all humans. The healing power of nature's wisdom and our capacity for awe can seem out of reach for too many people. Join this accessible nature immersion and see how it doesn't take a wilderness area for us to deeply connect with what is beautifully wild within and around us. We will use many ways to engage with nature so if one doesn't work for you, the next one will!

**Equestrian Corner | WI Horse Council & Southern Kettle Moraine Horse Trail Association** Learn more about horseback riding in Wisconsin state parks. Meet the pony, check out the saddles and other equestrian equipment, and try out an inflatable bouncy horse.

Exploring & Enjoying The Ice Age Trail | Ice Age Trail Alliance

At 10:30 a.m., join hike leaders for a **4-mile** hike to learn what makes the Ice Age Trail so amazing.

At 11 a.m., join Drew Hanson, IAT enthusiast, for a casual **2-mile** hike on the Scuppernong Trails and part of the Ice Age Trail. Drew has worked professionally on the Ice Age Trail since 1996 on everything from land acquisition and master planning to trail design and construction. He is especially knowledgeable of the geology, geography, and history of the Ice Age Trail.

For both hikes, meet at the Ice Age Trail Alliance table.

**Ice Age Trail Alliance** Come chat with friends from the Ice Age Trail Alliance to learn more about this National Scenic Trail in Wisconsin along with tips and info about hiking, camping, backpacking, trails, and more. Decorate your own hiking sticks!

**Intro To Backpacking | Ice Age Trail Alliance** Get the lowdown from trail experts. Walk through a "pack shakedown" and take a walk to Shelter 1 (2 miles to shelter, 4 miles out and back). We'll provide a demo backpack, but if you bring your own, our experts will help you organize it.

**Know Your Wisconsin Wood |DNR Forestry** Learn about forest health and what the Wisconsin Division of Forestry does. Our Forest Products Specialist will ask you to share your favorite type of Wisconsin wood. Take a seedling home!

**Mycology 101: A Fungi-de To Mushrooms | DNR Ranger Harvey Hoon** This introductory "course" covers identification tricks and tips including mushroom types and tree varieties, top 10 poisonous/edible varieties, mushroom recipes Harvey's cooked and made, resources such as clubs and books for the budding mycologist, and what to look for in May in Wisconsin in the mycology world – and what cool mushrooms you can find, too!

**Orienteering – An Introduction | Badger Orienteering Club** Orienteering uses a detailed map along with a compass to navigate from point to point in diverse and usually unfamiliar terrain. Participants are given a topographical map, usually a specially prepared orienteering map, which they use to find "control" points (orange and white flags). Cross Hwy ZZ to try out the orienteering course. Maps and compasses will be provided if you don't have your own. Youth should be accompanied by an adult.

**Stop The Bleed Certification** | **DNR Ranger Matt Wilhelm** Learn how to stop life-threatening bleeding with this 1-hour training. At the end of the training, receive a completion certificate. Best for 14+.

**Terrain Hopper Demo** | <u>UCP of West Central Wisconsin</u> Explore the trails by demoing this all-terrain mobility device.

**Trail Building & Maintenance | Ice Age Trail Alliance** Learn more about what it takes to build and maintain a National Scenic Trail from the volunteers who do it.

**Trail Running 101** | <u>Trail Sisters</u> Learn about techniques, safety, gear and seasonal running specifically on unpaved trails. We'll do an introduction first followed by a trail run on a small loop. You'll be able to drop gear, pick up gear, get your water and do another loop if you'd like. No one will be left behind and everyone is welcome to experience the difference in running off the road! No experience needed and there is no age limit. Please bring your own sneakers.

**Tyke Hike | Ice Age Trail Alliance** Enjoy a slower paced hike along the Ice Age Trail with a family-friendly seek and find scavenger hunt. Hike will be approximately 1.5 miles.

**VIP Hike with DNR Leadership** Join DNR leaders on a 2-mile hike on the red loop at the Scuppernong Trail Head.

# John Muir Trail System

**Ride The Trails** Bring your bike and helmet to ride the trails! Trail pass fees waived with an OutWiGo Green wristband or bring your state trail pass if over 16.

**Beginner Mountain Bike Ride** | <u>Southern Kettles Off Road Riders (SKORR)</u> and <u>Milwaukee Urban</u> <u>Trail Connections (MKEUTC)</u> Come ride with us! SKORR is the club responsible for maintaining and improving the 50 miles of mountain bike and emergency access trails in the Southern Kettle Moraine State Forest. MKEUTC is working to get mountain bike trails built across Milwaukee, and in doing so increase diverse representation and inclusivity in the sport. Join us to learn the fundamentals of mountain biking, meet those new to the sport, and those with years on trails.

Two groups of 10 to 15 riders will leave from the trailhead at 12 p.m., 1 p.m., and 2 p.m. for a ride on the kids loop or brown loop. Rides will include a brief review of safety suggestions, fitting helmets properly, and basic bike handling skills including shifting and braking.

BYO bike and helmet or use the limited supply of bikes provided by Wheel and Sprocket and Avant Cycle Café (available on a first-come, first-serve basis). We will have sizes S-XL and helmets. Participants are strongly encouraged to arrive early to complete a waiver and get sized on a bike.

Please indicate your interest by filling out this form: Intro to Mountain Biking at John Muir Trailhead (google.com). Completing this form is not required, nor does it guarantee a bicycle for you. Rather, it helps to gauge interest. Trail pass fees waived with an OutWiGo Green wristband or bring your state trail pass if over 16.

**Mountain Bike Ride With VIPs** Take a ride on the renowned John Muir Trails with leaders and mountain bike enthusiasts from across the state, including Steve Schmelzer, Wisconsin State Park System Director; Renee Griswold, NICA League Director; Ken Cole, founding member of MKE Urban Trail Connections, and more! Participants should know how to ride a mountain bike and be comfortable riding off road.

Meet at the trailhead at 3 p.m. for a leisurely paced ride on the white loop, a moderate 3.2-mile trail. BYO bike and helmet or use the limited supply of bikes provided by Wheel and Sprocket and Avant Cycle Café (available on a first-come, first-serve basis). We will have sizes S-XL and helmets. Participants are strongly encouraged to arrive early to complete a waiver and get sized on a bike.

Trail pass fees waived with an OutWiGo Green wristband or bring your state trail pass if over 16.

<u>Avant Cycle Café</u> Avant Cycle Café will be facilitating mountain bike rentals, free of charge, to ride the trails from 12 p.m. to 4 p.m. They will have sizes S-XL and helmets. Priority will be given to those participating in the scheduled beginner mountain bike rides or mountain bike ride with VIPs. Bikes will only be available if they are not needed for these rides.

**Wheel & Sprocket** Visit the Wheel & Sprocket tent from 12 p.m. to 4 p.m. to test out a fat bike on the John Muir Trails. Priority will be given to those participating in the scheduled beginner mountain bike rides or mountain bike ride with VIPs. Bikes will only be available if they are not needed for these rides.