

Boating Lesson Plan-1	
Personal Floatation Devices PFDs	
TIME PERIOD (TOTAL) 30-45 minutes	
TRAINING AIDS 1. PFD bag with various types of pfd's 2. 4 Chairs 3. Watch with timer or clock with second hand 4. Wear it Right DVD	TYPE OF LESSON <input checked="" type="checkbox"/> E.D.O.C. <input type="checkbox"/> LECTURE <input type="checkbox"/> DISCUSSION <input type="checkbox"/> PRACTICAL
OBJECTIVE(S) o Familiarize students with PFD's and how they work o Carriage Requirements o Show that PFD's don't work unless you wear them	
INSTRUCTOR REFERENCE Student Manual Boating Regulations	
STUDENT REFERENCE Student Manual Boating Regulations	

TIME	LESSON OUTLINE	AID CUES
Total lesson plan should take about 20-30 or minutes depending on size of group and questions	Lesson: 1. Educate: Instructors explain to students that the most important piece of equipment on board their boat is their PFD. People who die in boat accidents have PFD's with them but not on them. Most would be alive if they had been wearing their PFD (life jacket). 2. These are the five PFD requirements boat operators must know. a. Each PFD must bear USCG approval. b. There must be one wearable PFD for all occupants on board, plus an additional throw-able PFD for vessels 16' or over c. Each PFD must be the right	Have a copy of Boating Incident Summary or boating fatality report handy so you can refer to one or two to of the incidents from your areas or nearby. Show different types and sizes of PFD's. Have two different size students and PFDs for sizing demo. Show the USCG approval label or tag. Write requirements on blackboard, dry erase board. Show a throw-able cushion.

TIME	LESSON OUTLINE	AID CUES
	<p>size for its intended wearer</p> <ul style="list-style-type: none"> d. Each PFD must be in serviceable condition e. PFDs must always be readily accessible when on the water. <p>3. Prepare the Demonstration: You will need four chairs, arrange them back to back with two facing forward and two backward. Use four student volunteers as make believe boaters. Have a bag with several PFDs located within a step or two of the four chairs.</p> <p>4. NOW tell the students that the boat is sinking and they have 20 seconds to put on a PFD. Time the 20 seconds and stop them when 20 seconds is reached.</p> <ul style="list-style-type: none"> a. Then explain that in many incidents their only chance of surviving is by wearing a PFD. <p>5. Finally, play the “Wear It Right” DVD to finish connecting the dots for this lesson plan.</p> <p>6. Reinforce the five PFD requirements and the importance of wearing a PFD. PFD’s are more comfortable than ever there is no excuse to NOT wear one on when on the water.</p> <p>Congratulate – participants for doing a good job and being good listeners.</p>	<p>PFDs should be in a bag with some straps intertwined, some could still be in the original plastic to present a challenge.</p> <p>Apply stress by yelling that “THE BOAT IS SINKING”.</p> <p>If they just grab it and hold it, that is okay for now but pose the question of what if they get knocked unconscious or fall asleep in the water.</p> <p>Have video ready to go in player.</p>